

St. Francis Table depends on our volunteer sector to serve our patrons. Our volunteers come from all corners of North America!



Brother Andre Catholic High School Students



Centre for Student Mission Volunteers
Waterloo, ON



Newman Centre Volunteers - Toronto, ON



1322 Queen Street W., Toronto, ON M6K 1L4

Capuchin Outreach to the Poor (Parkdale) was founded in 1987 by the Capuchin Franciscan Friars of Central Canada with the vision of creating a faith community with the poor by providing direct services that seek to enhance the sense of human dignity of those who are in need.

St Francis Table, the primary expression of Capuchin Outreach, serves on average 250 meals per day, six days a week in Toronto's Parkdale community. Patrons are asked to make a \$1 donation towards their three course meal which is provided with full restaurant service.

St Clare Centre is our Outreach and Drop-In space, hosting weekly AA meetings as well as an informal drop-in for patrons of St Francis Table.

Capuchin Outreach to the Poor (Parkdale) is a registered charitable organization (#11883-7970-RR0001). We receive no government or United Way funding, instead relying on the charity of private individuals and businesses for our income.



ST. FRANCIS TABLE SUMMER NEWSLETTER 2009



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Serving St. Francis' Table for 20 years

Tuesday, 19 May 2009

Written by Carolyn Girard, The Catholic Register,

TORONTO - Fr. Bressani Catholic High School in Woodbridge has sent students on an after-school trek to help the poor in Toronto's Parkdale neighbourhood every week for the past 20 years.

One of five Toronto-area schools that commit to helping St. Francis Table on a weekly basis, Fr. Bressani has the longest tenure.

The students, with a teacher, make their way to downtown Toronto to help the Capuchin-Franciscan Friars at St. Francis Table, a restaurant for the poor where clients are served a meal for \$1. Over the past 20 years, the efforts of more than 3,500 students has totalled 17,500 hours of ministry.

"As a Catholic school, we always want to show some service to the community," said Pat DeCaria, principal at Fr. Bressani. "It's a great lesson for all of them to see the other side of the coin, to see that we take a lot for granted and to realize that one of us could be there one day."

DeCaria said it has been more than an outreach for the students, and more than just an opportunity to gain their required hours of community service.

"They're humbled by it," he said. "

Brother John Frampton welcomes half a dozen of the school's students every Thursday from 3:30 to 7 p.m., assigning them tasks that range from dish-washing and mopping the floors to food preparation and serving clients. The students are usually accompanied by teacher Paul Harris, who has co-ordinated most of the student's trips down to Parkdale.

"The patrons are much impressed with the service," Frampton told The Catholic Register.

In an e-mail, he added, "Their presence and ministry for over 20 years is a real statement on the part of the many young adults who generously give their time to help feed the hungry."

Frampton recently presented the school with a plaque to recognize its two decades of service.

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Fr. Bressani High School Athletic Association students present a cheque to Bro. John Frampton, ofm, cap.

(Front Page: Mr. Pat DeCaria principal of Fr. Bressani High School receives a plaque from Bro. John Frampton, ofm, cap.)



The Capuchins of Central Canada, the Staff, Volunteers and Patrons of St. Francis Table wish you a sun-soaked, joy-filled and safe summer!

St. Francis Table Van The Official Transport for the Icon of St. Paul



songwriters in support of
St. Francis Table
a benefit concert featuring

SUZIE VINNICK
JON BROOKS
ROSEMARY PHELAN
& JASON LAPRADE

St. Gregory's Church
Hall, Etobicoke
June 13th, 2009 8:00 pm
\$20 tickets: 416 532 4172
www.capuchinoutreach.org
Location: 122 Rathburn Rd. (just west of Kipling)