

VOLUNTEERS, STAFF AND PATRONS!!!



Sunil D'COSTA



1322 Queen Street W., Toronto, ON M6K 1L4

Capuchin Outreach to the Poor (Parkdale) was founded in 1987 by the Capuchin Franciscan Friars of Central Canada with the vision of creating a faith community with the poor by providing direct services that seek to enhance the sense of human dignity of those who are in need.

St Francis Table, the primary expression of Capuchin Outreach, serves meals six days a week in Toronto's Parkdale community. Patrons are asked to make a \$1 donation towards their three course meal which is provided with full restaurant service.

St Clare Centre is our Outreach and Drop-In space, hosting weekly AA meetings as well as an informal drop-in for patrons of St Francis Table.

We receive no government or United Way funding, instead relying on the charity of private individuals and businesses for our income.

Capuchin Outreach to the Poor (Parkdale) is a registered charitable organization

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Ex Fratrīs Calamo

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ST. FRANCIS TABLE SPRING APPEAL 2015



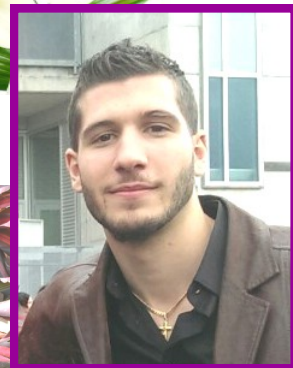
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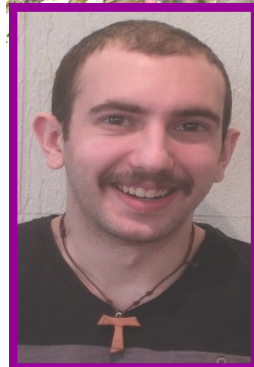
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Emile HANNA



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From
Bro. John's Desk...



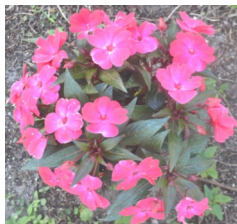
Back in the saddle again! With many thanks to Br. Germain Kpakafi, OFM Cap. for his leadership at St. Francis Table this past year. He stepped in to respond to a need and once again steps out to satisfy another need we Capuchins have in western Canada and we wish him well in his life and future ministry!

We are grateful for the presence of three of our Candidates who joined us in January. They are looking at possibly applying to join our Capuchin community later this year and are part of the ministry here until the end of June. Alex De Melo, Sunil D'Costa and Emil Hanna reside at St. Conrad Friary and minister here five days a week as part of our Candidacy Program.

To you, our donors and friends, we appreciate your support in so many ways. It is you who enable us to continue to respond to the needs of those who hunger and not only for physical food! A sad reality is that now the need is greater than we experienced last year, when we exceeded the 45,000 meal mark. With your support, you make the ministry and every meal happen and we say THANK-YOU! Let us all share in Easter's joy and always proclaim our 'ALLELUIA' to the ends of the world!

Br. John Frampton

Bro. John Frampton, ofm, cap.



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STUDENT REFLECTIONS HOLY CROSS CSS KINGSTON, ON.

Alexis Pascoal (Grade 9).....Serving at St. Francis Table was very heartwarming, especially seeing all the customers being so thankful for what they had. An eye-opener for me was the two families with young children that came in. It was sad because I related my childhood to their misfortune. This enlightened me in a sense that I should now and always be thankful for what I have, and optimistic in every situation, as were these customers.

Colin Watts (Grade 10)....Serving at St. Francis Table was very eye-opening to me. To see many people living in poverty within the city of Toronto made me think that I am so blessed with my family, friends and standard of living. I also think that Br. John was very inspiring...to see him give back to the community was amazing and I am so glad that I was able to be part of it.

Serving at St. Francis Table was also really fun. We were able to use teamwork in the kitchen to help each other and the connections we made with patrons were awesome. St. Francis Table is a joyous place to work and I'd love to go back.

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Family and friends came together with Danny, our volunteer Chef to prepare a serve a meal on March 3, 2015.



Three students from Humber Police Foundations Program served on March 4 as part of their Community and Social Services Course that requires them to address community concerns and social problems.



L-R: Jeremy Berg, Edmund Yeboah, and Ziyad Hamidu