



**COMMUNITY PARTNER #4  
L.C.B.O. (Brock Avenue)**

St. Francis Table recognizes the LCBO store on Brock Street as our Community Partner #4 for providing our volunteers with a couple of parking spaces over the years.

In our Parkdale neighbourhood, parking is always at a premium, making it difficult for volunteer groups to assist in our ministry. We appreciate the generosity of the LCBO staff and their willingness in working with us for so many years!



Fundraising for St. Francis Table... Ryan Tabisola presents the latest donation received from the sale of t-shirts.

Thanks, Ryan for your generosity!!!



**1322 Queen Street W., Toronto, ON M6K 1L4**

*Capuchin Outreach to the Poor (Parkdale)* was founded in 1987 by the Capuchin Franciscan Friars of Central Canada with the vision of creating a faith community with the poor by providing direct services that seek to enhance the sense of human dignity of those who are in need.

**St Francis Table**, the primary expression of Capuchin Outreach, serves on average 250 meals per day, six days a week in Toronto's Parkdale community. Patrons are asked to make a \$1 donation towards their three course meal which is provided with full restaurant service.

**St Clare Centre** is our Outreach and Drop-In space, hosting weekly AA meetings as well as an informal drop-in for patrons of St Francis Table.

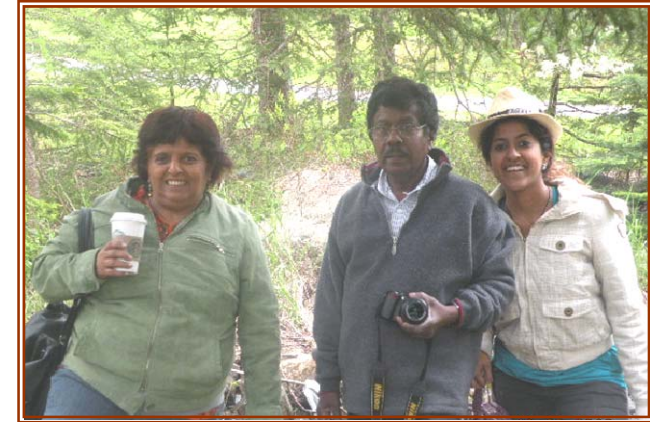
*We receive no government or United Way funding, instead relying on the charity of private individuals and businesses for our income.*

*Capuchin Outreach to the Poor (Parkdale) is a registered charitable organization*

**#11883-7970-RR0001**



Ex Fratris Calamo  
Capuchin Printing



*Our Head Cook, Sam Kumarasamy with wife Chandra and daughter Chala on tour in Newfoundland, June, 2010. (More photos inside)*

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**From The Desk Of Br. John...**

Summer 2010 has been another successful time for St. Francis Table. Our volunteer youth leaders and students (YOUTHWORKS and CENTER FOR STUDENT MINISTRY) came from throughout North America and were instrumental in adding to the community with a sense of mission and ministry. We are once again grateful and appreciative of their presence.

St. Francis Table is preparing to mark the serving of 1,000,000 (One Million) meals in the near future. It would not happen without your ongoing support. Our food service ministry to the poor continues to see a growth in the number of patrons who rely on us for food and indications are that our numbers will continue to climb in the foreseeable future!

As the leaves change color and fall, I wish to say 'thank-you' on behalf of those who hunger for your support and trust that our patrons will continue to be fed in many ways with your continued generosity. Be watching for news of our 1,000,000 meal service!!! God-Bless us all!

*Br. John Frampton*

Bro. John Frampton, ofm, cap.  
Animator



**OVER 900,000 MEALS SERVED!!!**

**Sam celebrates his 20<sup>th</sup> anniversary at St. Francis Table !**

St. Francis Table congratulates Sam Kumarasamy who celebrated his 20<sup>th</sup> Anniversary as Cook at St. Francis Table. Sam has been instrumental in all areas of concern on behalf of Capuchin Outreach to the Poor (Parkdale). He has spent the past twenty years, not only cooking, but as a handyman when it comes to repairs around the establishment.

It was September 10, 1990 when Sam first started working at St. Francis Table. He was uncertain as to what he was getting himself into at that time. Twenty years later, it is evident that he holds the vision of our ministry of feeding the hungry at heart!

On behalf of the Capuchins of Central Canada, our donors, staff, volunteers and our patrons, we extend our appreciation and gratitude to Sam who is responsible for most of the over 900,000 meals provided. *Thank-you, Sam!!!*



With Newfoundland artist, Gerald Squires.



On Signal Hill



With 'Shamrock' an Irish-Newfoundland Band.



On the trail at Salmonier Nature Park

Fond memories of Summer 2010 with Youthworks and Center for Student Ministry Volunteers from throughout North America...Thanks and God-Bless you all!!! ↓

