

*VOLUNTEER REFLECTIONS FROM THIS PAST  
SUMMER....*

"I got so much out of working at St. Francis Table. It gave me the chance to learn more about the people around me and the chance to meet some awesome friends. I am very grateful to Br. John for letting me come and experience this wonderful restaurant!" (Laura, from Ohio)

"How do I begin to realize the benefits of St. Francis Table? Our teens from Ohio received such joy from serving lunch to chatting with patrons. Our three days in June flew by. You have such a wonderful range of dedicated workers and volunteers...I enjoyed hearing their stories. What a wonderful ministry to the community! Thank-you for welcoming us with open arms and generous smiles. Everybody's happy!" (Cathy, Leader from Toledo, Ohio)

I was honored to serve the people of Toronto by working in your restaurant. Everything I saw on my first day there, from the Chapel to the patron lounge and the beautiful way of instilling dignity, both pleased and inspired me. I feel I truly made a difference in many people's lives and I sincerely congratulate you on living out your vocation in an extremely effective manner." (Michael, from Jacksonville, Florida)



**Capuchin Outreach to the Poor (Parkdale)** was founded in 1987 by the Capuchin Franciscan Friars of Central Canada with the vision of creating a faith community with the poor by providing direct services that seek to enhance the sense of human dignity of those who are in need.

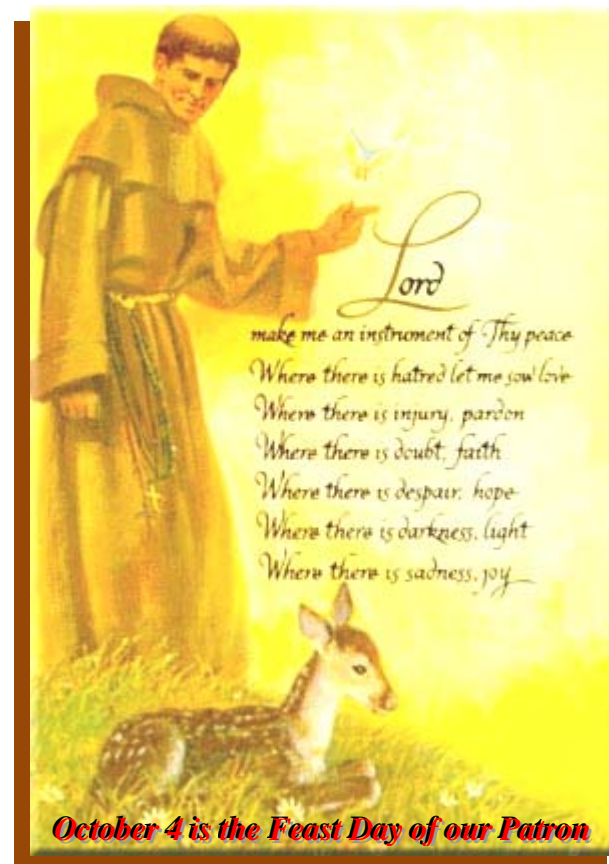
**St Francis Table**, the primary expression of Capuchin Outreach, serves on average 250 meals per day, six days a week in Toronto's Parkdale community. Patrons are asked to make a \$1 donation towards their three course meal which is provided with full restaurant service.

**St Clare Centre** is our Outreach and Drop-In space, hosting weekly AA meetings as well as an informal drop-in for patrons of St Francis Table.

**Capuchin Outreach to the Poor (Parkdale)** is a registered charitable organization (#11883-7970-RR0001). We receive no government or United Way funding, instead relying on the charity of private individuals and businesses for our income.

## ST. FRANCIS TABLE

### FALL 2008 - NEWSLETTER



**October 4 is the Feast Day of our Patron**

**1322 Queen Street West.  
Toronto, ON M6K 1L4**

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**VISIT OUR WEBSITE**  
[www.capuchinoutreach.org](http://www.capuchinoutreach.org)







### ***THANK-YOU CSM AND YOUTHWORKS!!!***

Over the Summer, St. Francis Table again relied on volunteers from the Center for Student Missions and Youthworks. We are grateful to these young people and their leaders for another valued and successful Summer ministry program!

### ***KITCHEN RENOVATIONS COMPLETED***

This Summer we were able to renovate our kitchen with the generous support from our donors. Below are pictures from before and after, featuring our new stove that was a must after more than twenty years! Many thanks for your continued generosity in feeding the hungry at St. Francis Table!



*Before*



*After*

## **ST. FRANCIS TABLE.... A RESTAURANT FOR THE POOR**



### **OUR DAILY "BREAD"**

**We are grateful for food drives held at Thanksgiving and Christmas, however, St. Francis Table has ongoing needs all year and everyday...**

- \*canned goods**
- \*teabags**
- \*coffee whitener**
- \*sugar**
- \*vegetable oil**
- \*garbage bags**
- \*laundry detergent**
- \*floor cleaner**

**St. Francis Table will pick up all donations. Call us at (416) 532-4172**

**THANK-YOU for your continued help!!!**



**FOCUS GROUP VOLUNTEERS FROM THE UNITED STATES**



**SUMMER VOLUNTEERS FROM THE UNITED STATES**



Mr. Ken Cole from Cambridge, ON volunteered all summer and has been welcomed into the Capuchin Postulancy program in Milwaukee, Wi.

**Thanks, ken for your ministry and presence at St. Francis Table!!**