

SHERATON CENTRE HOTEL

For the past four years, St. Francis Table has been collecting food donations from the Sheraton Centre Hotel in downtown Toronto. The receiver, Carlos calls us when there is excess food from banquets and buffets. From their kitchen to ours; our patrons are able to enjoy some finer dining, from elegant pastries to salmon steak, right here in Parkdale for only \$1.00.



(L-R) Rodney Pymeto: Sous Chef,
Carlos Pineda: Receiver (2nd from left and below)
Ed Legardo: Purchasing Manager
Abdul Abdurahman: Asst Purchasing Manager

We are grateful for the food donations from Carlos and his kitchen crew and we appreciate the ongoing support the Sheraton Centre Hotel provides to the hungry from all corners of Toronto!



1322 Queen Street W., Toronto, ON M6K 1L4

Capuchin Outreach to the Poor (Parkdale) was founded in 1987 by the Capuchin Franciscan Friars of Central Canada with the vision of creating a faith community with the poor by providing direct services that seek to enhance the sense of human dignity of those who are in need.

St Francis Table, the primary expression of Capuchin Outreach, serves on average 250 meals per day, six days a week in Toronto's Parkdale community. Patrons are asked to make a \$1 donation towards their three course meal which is provided with full restaurant service.

St Clare Centre is our Outreach and Drop-In space, hosting weekly AA meetings as well as an informal drop-in for patrons of St Francis Table.

We receive no government or United Way funding, instead relying on the charity of private individuals and businesses for our income.

Capuchin Outreach to the Poor (Parkdale) is a registered charitable organization

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*Ex Fratrīs Calamo
Capuchin Printing*

**ST. FRANCIS TABLE
SPRING APPEAL 2010**



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www.capuchinoutreach.org

FROM THE DESK OF BR. JOHN.....

Spring is in the air and the ministry of feeding the hungry in Parkdale continues with your help. One of our former patrons came to the door with a purpose in mind...to say "thank-you" to St. Francis Table! He had cleaned up his life through rehabilitation. He is now drug and alcohol-free!

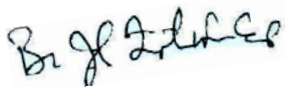
D. was unrecognizable as a 'new' person! He thanked me and all those responsible for St. Francis Table for turning his life around. He enjoyed all that was provided here from the food to the table servers; the music and entire atmosphere at 1322 Queen Street West. His own words.....

"St. Francis Table saved me!"

While St. Francis Table provides food for the hungry, we rarely know about the impact of the spiritual menu we serve to those who hunger for more than just physical food.

Your prayers and financial generosity as donors does make things happen! We remain ever grateful for your financial contributions. Please use the enclosed envelope for your contribution ...

D. thanks you and I thank-you, as do all our patrons!



OVER 970,000 MEALS SERVED!!!

For a number of years now, our "Wednesday Wonders", a group of retired teachers, have volunteered on Wednesdays for lunch serving.



PRE-POSTULANT CANDIDATES VOLUNTEER!!!



(L-R)
Joseph Palko, Michael Beaupre and Michael Mascarenhas



St. Nicholas of Bari Volunteers



De La Salle College Volunteers receive instructions from their teacher Frank Icobazzi (on left)



Volunteer Glen Mackey from Newfoundland completes necessary repairs in our basement.